



HEROIC FOOD

Farming, Health & Wellness Training

APPRENTICESHIP APPLICATION

Personal Information

Name:	Date of Birth:		
Current Address:	City:	State:	ZIP:
Permanent Address (if different from current):	City:	State:	ZIP:
Email:	Phone:	Best time to call:	
Current position (school, employment, or seeking employment):			
Marital Status:	Do you have children or other dependents?		
How did you hear about Heroic Food?			

Education & Training

Please give names, addresses and dates of schools attended, courses taken or any other training, beginning with your high-school.

Name of High School	Location (City & State)	Dates Attended
Did you receive a diploma?	If you did not receive a diploma, did you receive a GED?	
Name of School or Program	Location (City & State)	Dates Attended
Subjects Studied	Degrees or Certificates Obtained (if any)	
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Subjects Studied	Degrees or Certificates Obtained (if any)	

List any certifications, licenses, or relevant training (e.g., CDL, pesticide applicator, welding, chainsaw safety, first aid).

Describe any previous experience you have with farming, gardening, livestock, trades, construction, mechanics, or outdoor labor. *(No prior experience required)*

Military Background

Dates of Service	Branch of Service	Job Specialty (MOS, rating, occupation)

While serving, were you individually responsible and accountable for commanding or supervising personnel? Were you individually responsible and accountable for equipment and/or supplies (besides your own)? Please describe. (Your answer to these questions will help mentor-farmers make on-farm training assignments.)

Other Work History

Please list any non-military employment, beginning with the most recent work experience.

Name of Employer	Employer's Address	City/State/Zip
Is it ok to contact this employer?	Employer's Email or Phone	Dates of Employment
Position Title	Job Description	
Please explain why you left this job:		

Name of Employer	Employer's Address	City/State/Zip
Is it ok to contact this employer?	Employer's Email or Phone	Dates of Employment
Position Title	Job Description	
Please explain why you left this job:		

During your employments, were you ever disciplined for infraction of rules or work agreement? Explain.

Availability & Commitment

Farming is physically rigorous work. By initialing each box below, you acknowledge your understanding that these are essential functions or requirements of this training program.

- Lifting & carrying weights of 50 lbs on a regular basis.
- Working out of doors for long periods of time in hot, cold or wet weather.
- Bending or squatting for long periods of time.

Are you able to commit to a full 10-month apprenticeship?

- Yes
- No. Please explain.

Are you able to work 40–55 hours per week during peak season, including early mornings and weekends?

- Yes
- No. Please explain.

Earliest Available Start Date:

Any known scheduling constraints:

Interests & Goals

1. What interests you in participating in the Heroic Food Farm Apprenticeship?
(Short answer)

2. What are your short-term goals for this apprenticeship?
(Select all that apply)

- Explore farming as a career
- Gain hands-on agricultural skills
- Prepare for farm employment
- Prepare to start my own farm or agricultural enterprise
- Personal growth, wellness, or transition support
- Other:

3. What are your long-term goals related to agriculture, land stewardship, or food systems?
(Short answer)

4. Are you open to being placed on additional mentor farms beyond your primary placement to gain other farm skills?

Yes

No

Possibly (please explain):

Please describe your background or experience (if any) in the following: farming, sustainability, food preparation / distribution, construction, and vehicle maintenance/repair.

Please indicate your interest in the following:	Not very interested	Somewhat interested	Very interested	Don't know
Growing vegetables & herbs				
Growing tree fruits & nuts				
Berry crops				
Raising cows (meat & dairy)				
Raising sheep or goats (meat, dairy or wool)				
Raising pigs				
Raising chickens				
Raising horses				
Equine Assisted Therapy				
Beekeeping				
Greenhouse production				
Maple Sugaring				
Organic / ecological growing methods				
Commercial food preparation:				
jams & sauces				
cheese making				
butchering/sausage making				
pickling				
beer and wine production				
other (specify)				
Growing flowers and ornamentals (horticulture)				
Sustainable energy (solar, etc.)				
Are there any other farm or food skills you would like to acquire or explore?				
Is there anything else that you would like to tell us about your interests, goals or special needs?				

Housing & Transportation

Will you require housing through the program? for yourself and/or family members in order to participate in the program? (Please specify: yourself, spouse, children, other dependents)

- Yes
- No

Do you have reliable transportation?

- Yes
- No

Are you comfortable with shared housing if required?

- Yes
- No

References

Please provide 3 references. At least two must be persons who were your supervisor or superior in military or civilian work.

#1: Name of Reference	Address	City/State/Zip
Organization/Company	Email	Phone
Position/Title	In what capacity did you know this person?	

#1: Name of Reference	Address	City/State/Zip
Organization/Company	Email	Phone
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Position/Title	In what capacity did you know this person?	

Applicant Certification

I certify that the information provided in this application is accurate to the best of my knowledge. I understand that participation in the Heroic Food Farm Apprenticeship requires physical labor, commitment, and adherence to program guidelines.

Applicant Signature:

Date:

Selected applicants will be contacted for an interview, placement discussion, and review of the apprenticeship contract.

****PLEASE PROVIDE A COPY OF YOUR MILITARY ID WITH PHOTO****

****PLEASE PROVIDE PROOF OF SERVICE: Copy of FORM DD FORM 214****

Thank you for your interest in attending the Heroic Food Training Program!

Submit by Email:

lisabaker@heroicfood.org

Submit by Snail Mail:

Heroic Food
Lisa Baker
476 Enterprise Road
Rhinebeck, NY 12572

**If you have any questions about this application, please call
Lisa at (845) 242-4200 or email lisabaker@heroicfood.org**

The mission of Heroic Food is to prepare and train military veterans for careers in farming, farmstead trade skills, and food entrepreneurship in a veteran-supportive environment.



Heroic Food

Farmer Training for Veterans